

## Pharmacies

The Boots store at East Surrey Hospital is open from 08.00 to 20.30 Monday to Saturday and 10.00 to 16.00 on a Sunday. It dispenses over the counter medication but is unable to process prescription requests for non-hospital patients. Should you need a local pharmacy, please see the suggestions below:

Boots – 9 High Street, Redhill

Boots – 33 Station Road, Redhill

Garlands Pharmacy – 160 Garlands Road, Redhill

T.H Dolman - 9 Linkfield Corner, Redhill

## Shopping

The closest shopping centre to East Surrey Hospital is the Belfry in Redhill, which is approx. a 5-10 minute drive away. It can also be reached by a number of buses that regularly depart from the hospital (the closest stop is Redhill bus station).

The Belfry is open from 09.00 to 18.00 Monday to Saturday and from 10.30 to 16.30 on a Sunday. It offers a range of shops and cafes including M&S, Boots, Topshop/Topman and Dorothy Perkins. On the High Street, there is also a Wilkinsons, Rymans, Clintons and a Costa Coffee, as well as a number of banks.

Slightly further afield (approx a 10-15 minute drive away) is the historic market town of Reigate – it boasts a number of independent shops selling gifts, crafts and clothing as well as cafes, pubs and restaurants.



**Surrey and Sussex Healthcare**  
NHS Trust

## Sports Centres/Gyms

The YMCA in Princes Road, Earlswood, Redhill is the closest sports centre to East Surrey Hospital. It is open 7 days a week and offers a gym as well as a number of fitness classes. For more information, please visit [www.ymcaeast Surrey.org.uk](http://www.ymcaeast Surrey.org.uk).

Alternatively, there is Donyngs leisure centre in Linkfield Lane, Redhill (approx a 10 minute drive away). It is open 7 days a week and offers a 25m swimming pool, gym, sports hall and studio as well as a number of fitness classes. For more information, please visit [www.better.org.uk/leisure-centre/reigate-and-banstead/donyngs-leisure-centre](http://www.better.org.uk/leisure-centre/reigate-and-banstead/donyngs-leisure-centre).

## Nightlife

There are a number of pubs in Earlswood and Redhill including The Joshua Tree, The Plough, The Garland, The Home Cottage and The White Lion or slightly further afield in Reigate are The Bull's Head, The Blue Anchor, The Roe Deer, The Red Cross Inn, The Bell and The Cage Wine Bar.

In Reigate, there is a small cinema. For more information, please visit the Everyman website ([www.everymancinema.com/venues/reigate](http://www.everymancinema.com/venues/reigate)).

*Putting people first*

*Delivering excellent, accessible healthcare*



# Redhill

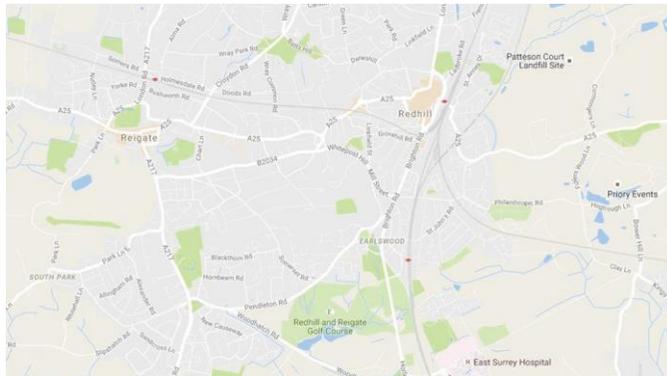
## Local Information for Medical Students



## Redhill is a small town situated just off the M25 and is within easy reach of London and the coast.



Redhill town centre.



East Surrey Hospital in relation to Redhill and train stations.

## Local transport

### Buses:

There is a stop outside the main entrance of East Surrey Hospital and buses run directly from there to Redhill, Reigate and Merstham (no.s 100, 400, 420, 435 & 460) and in the opposite direction towards Gatwick and Crawley (no.s 100, 400 & 460). For more information, please visit the Metrobus website ([www.metrobus.co.uk](http://www.metrobus.co.uk)) or refer to the timetables and electronic display board at the bus stop.

Unfortunately, the local buses do not currently accept Oyster cards or contactless payment so you would be required to pay in cash for your journey.

### Trains:

Redhill train station is situated in the main town centre (opposite the bus station) and provides services to London Victoria, London Bridge, Guildford, Reading, Gatwick Airport, Crawley and the south coast. For more information, please visit the National Rail Enquiries website ([www.nationalrail.co.uk](http://www.nationalrail.co.uk)). Alternatively, Earlswood train station is the nearest to the hospital and is approximately 15-20 minutes walk away.

### Taxis:

There are a couple of firms that are based locally, these include:

Road Runners - 01737 760076

Blue Arrow - 01737 765676

## Supermarkets

The nearest supermarket to East Surrey Hospital is Sainsburys in the centre of Redhill and it is open from 07.00 to 22.00 Monday to Saturday and from 10.00 to 16.00 on a Sunday. It is approx. a 5-10 minute drive away and is also situated by the bus station, should you need to get there by public transport.

Alternatively, there is a Morrisons supermarket in Reigate town centre (approx. a 10-15 minute drive away) and it is open the same hours as Sainsburys.

Should you require a local convenience store for smaller items such as bread and milk, there is a Spar shop located on the A23 in the direction of Salfords, Horley and Gatwick Airport – if you drive out of the hospital towards Three Arch Road, turn left at the main set of traffic lights onto Horley Road it is situated on the left, on the opposite side of the road to McDonalds. From the hospital, it is a few minutes drive away or approx. a 20 minute walk.