

## Pharmacies

The Boots store at East Surrey Hospital is open from 08.00 until 20.30 Monday to Saturday and 10.00 until 16.00 on a Sunday. It dispenses over the counter medication but is unable to process prescription requests for non-hospital patients. Should you need a local pharmacy, please see the suggestions below:

Boots – The Belfry, 9 High Street, Redhill  
Garlands Pharmacy – 160 Garlands Road, Redhill  
T.H Dolman - 9 Linkfield Corner, Redhill

## Shopping

The closest shopping centre to East Surrey Hospital is the Belfry in Redhill. It can be reached by a number of frequent buses that regularly depart from the hospital.

The Belfry is open from 09.00 until 18.00 Monday to Saturday and from 10.30 until 16.30 on a Sunday. It offers a range of shops and cafes including M&S, Boots, Topshop/Topman and Dorothy Perkins. On the High Street, there is also a Wilkinsons, Ryman's, Clintons and a Costa Coffee, as well as a number of banks.

Slightly further afield is the historic market town of Reigate – it boasts a number of independent shops selling gifts, crafts and clothing as well as cafes, pubs and restaurants. Routes 420, 435 and 460 are direct services to Reigate from Redhill or Route 430 (via Woodhatch) from the hospital. Alternatively it is a 10 minute drive from Redhill.



**Surrey and Sussex Healthcare**  
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## Sports Centres/Gyms

The YMCA in Princes Road, Earlswood, Redhill is the closest sports centre to East Surrey Hospital. It is open 7 days a week and offers a gym as well as a number of fitness classes. For more information, please visit [www.ymcaeast Surrey.org.uk](http://www.ymcaeast Surrey.org.uk).

Alternatively, there is Donyngs Leisure Centre in Linkfield Lane, Redhill. It is open 7 days a week and offers a swimming pool, gym, sports hall and studio as well as a number of fitness classes. For more information, please visit [www.better.org.uk/leisure-centre/reigate-and-banstead/donyngs-leisure-centre](http://www.better.org.uk/leisure-centre/reigate-and-banstead/donyngs-leisure-centre).

## Nightlife

There are a number of pubs in the area:

### **Redhill:**

The Garland, The Junction, The Sun, The Red Lion, Home Cottage, The Hatch

### **Reigate and Woodhatch:**

Bull's Head, Blue Anchor, The Red Cross Inn, The Bell, The Cage Wine Bar, The Roe Deer, The Prince Of Wales, The Beehive

### **Earlswood and Salfords:**

The Garland, The Joshua Tree, The Old Chestnut, Beefeater Mill House

For entertainment, there is the Harlequin in Redhill for films and theatre shows or Everyman in Reigate for films. There is also Cineworld in Crawley which is a 10 minute walk from the Broadway if travelling by bus.

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# Redhill

Local Information for  
**Medical Students**



## Redhill is a populated town situated just off the M25 and is within easy reach of London and the coast.



Map showing Redhill and surrounding areas towards East Surrey Hospital

### Local transport

#### Buses:

There are at least 11 buses an hour from Redhill Bus Station to East Surrey Hospital. There are two stops situated near to the Main Entrance with buses going as far as Sutton and East Grinstead. Daily services are provided by Metrobus with a variety of tickets available on the bus from single fares to daily and weekly tickets. Visit the website for route information, maps, and ways to pay at [metrobus.co.uk](http://metrobus.co.uk).

Alternatively, why not download the “Metrobus” app for great value tickets. Simply download from your App Store or Google Play Store. Daily and Weekly tickets available vary depending on the area. If you are travelling locally within Redhill, Reigate and Merstham, purchase the Redhill & Reigate Metrorider. If you’re travelling beyond these points, you need to purchase a Metrovoyager. Metrovoyager tickets are valid across all Metrobus services and Brighton & Hove Bus services too!

Contactless payments are accepted on all of their services but cash payments are also still welcome.

Oyster Cards are only accepted on Route 405 services operated by Go-Ahead London as well as contactless payments. Cash payments are not accepted on this route.

#### Trains:

Redhill Train Station is situated in the main town centre (opposite the bus station) and provides services to London Victoria, London Bridge, Guildford, Reading, Gatwick Airport, Crawley and the south coast. For more information, please visit the National Rail Enquiries website ([www.nationalrail.co.uk](http://www.nationalrail.co.uk)).

Alternatively, Earlswood train station is the nearest to the hospital and is approximately 15-20 minute walk away.

#### Taxis:

There are a couple of firms that are based locally, these include:

Road Runners - 01737 760076

Blue Arrow - 01737 765676

### Supermarkets

The nearest supermarket to East Surrey Hospital is Sainsbury’s in the centre of Redhill. The store is open from 07.00 until 22.00 Monday to Saturday and from 10.00 until 16.00 on a Sunday. It is less than a 5 minute walk from the Bus Station or a 10 minute drive from the hospital, should you need to drive there (parking is available at a cost).

Alternatively, there is a Morrisons in Reigate town centre. This store is open from 07:00 until 22:00 Monday to Saturday and 10:00 until 16:00 on a Sunday. It is roughly a 15 minute drive from the hospital or can be easily accessed by bus (Route 430 via Woodhatch).

Local convenience stores are located throughout the area. The nearest store to the hospital is Londis, located on A23 in the direction of Salfords and Horley. It is opposite McDonalds and can be accessed by bus or car. To get there by car, simply exit the hospital back along Three Arch Road until you get to the main A23 junction. Turn left at the traffic lights onto Horley Road and follow past Shell petrol station. It is situated on the left.